



COACHING/ TRAINING FOR squash

GUEST ENTRY per ½ an hour:	CHARGES
weekdays, for adults	Rs.80 + taxes
weekends, for adults	Rs.110 + taxes
weekdays, for child	Rs. 30 + taxes
weekends, for child	Rs. 40 + taxes

Racquet rental (per ½ an hour) Rs. 35 /- + taxes

Coaching for members only; Age group 6yrs & above.
Levels of coaching: Beginners, Intermediates & Advanced

Rates: (8 Sessions only, 1 month)

Beginners: Rs. 1000/- + Taxes (4 Students/ Court)

Intermediates: Rs. 2100/- + Taxes (2 Students/ Court)

Advance: Rs. 3000/- + Taxes (1 Students/ Court)

Names of the coaches & availability

Ajaz Mohammed:

Coach for Beginners, Intermediates & Advanced

Rohan Darekar:

Coach for Beginners & Intermediates

Day of the Week	Timings	Coach
Monday & Tuesday	4:00 - 4:45 p.m.	Rohan D
	4:45 - 5:30 p.m.	Rohan D
	5:30 - 6:15 p.m.	Rohan D
Wednesday	4:00 - 7:00 p.m.	Ajaz M
Thursday & Friday	4:00 - 4:45 p.m.	Ajaz M
	4:45 - 5:30 p.m.	Ajaz M
	5:30 - 6:15 p.m.	Ajaz M
Saturday & Sunday	10:00 - 11:00 a.m.	Rohan D
	11:00 - 11:45am	Rohan D
	11:45 a.m. - 12:30 p.m.	Rohan D
	4:00 - 5:00 p.m.	Ajaz M
	5:00 - 5:45 p.m.	Ajaz M
	5:45 - 6:30 p.m.	Ajaz M



The Club
Mumbai

Rules & Regulations

1. Timings - 7 am to 9.30 pm
2. Squash court will be available for use only on prior booking basis. Courts will be booked on the same day of use. No advance bookings will be allowed. Bookings will be done at the health zone from 6.30 am everyday.
3. Each member will be allowed to do a booking only for half an hour per day.
4. Bookings will be non-transferable
5. No black-soled shoes will be allowed in the court. Only non-marking squash shoes should be worn in the squash courts.
6. Squash coaching will be provided only to members.
7. Marker facility is free of cost & available only for members.
8. The booking for the court will be considered cancelled if the member is not present at the court within 10 mins of the booking time. Members are requested to inform the Health Zone reception in advance if their booking needs to be cancelled. If the members fails to appear at the court at the time of mentioned booking thrice in a row, then the member will not be allowed to use the squash facility for one month.
9. Squash racquets are available at the Health Zone Reception on hire. Squash balls are available for sale at the reception.
10. In case of any damage to the squash court or the equipment by a member or their guest, the cost shall be borne by the party concerned.
11. Members will not be allowed to use the coaching facility from any other coaches except those on the Club's panel. If any member is found doing so, the management reserves the right to prohibit the concerned person from any further use of the squash courts.
12. The payment for squash coaching must be done prior to commencement of the training. Training shall be started only after a proper I-card is issued by the Health Zone reception.

