

→ healing touch: antara, in APRIL & MAY



- 1 » **Himalayan Herbal Potli Massage - 45 mins**
 » **Pichu Therapy - 15 mins**
 Herbal hot potli massage dipped in medicated oil helps relieve aches & pains & Pichu therapy which includes placing of soaked medicated cotton pads on affected area is helpful in reducing inflammation, pain & cramps.
- 2 » **Shirodhara Massage - 45 mins**
 » **Head & Shoulder Massage - 15 mins**
 Known as bliss therapy, it helps in cleansing the body of toxins and reducing hair fall.
- 3 » **Neem Cures - 90 mins:** 60 mins Neem Massage including a 10 mins Hot Stone Treatment followed by a 30 mins Neem Wrap. Helps to heal ailments, cleanses & purifies the body.

→ at art palate, in APRIL & MAY

in April ▶ Seema Pathak

Her work is mostly in Water color on hand-made paper and graphic media. The flow of colors takes the mind towards rhythm!



in May ▶ Saurab Bhardwaj

Broken leashes all over the floor... In this second exhibition at The Club, he focuses on innovative formats & corporate-specific art... besides of course, regular art!



→ for your tastebuds, in APRIL



STARTING IN APRIL
SUNDAY BRUNCHES
 Now in a variation WITH ALCOHOL too!

All Month! ▶ **FINO VINO:** Here's your opportunity to check the best local wines! Through the month, all domestic wines are available by the glass! **WESTBURRY'S**

6th Apr. onw. ▶ **SNACK 'N' BEVERAGE MIX 'N' MATCH:** Select from a list of snacks, add a beverage and voila... a double treat at a great combo price! **ALFRESCO**

6th Apr. onw. ▶ **STIR FRIED SPECIALS:** Wok-tossed preparations with a selection of seasonal & exotic vegetables, meats and flavourful oriental sauces, just the way you like them! **ORIENTAL WOK**

9th Apr. onw. ▶ **QUICHE GALORE:** Indulge in a wide range of savoury quiche with some mouth-watering stuffings! **PATISSERIE**

14th - 22nd Apr. ▶ **ARABIAN NIGHTS:** Enjoy the most radical flavours that hold your taste buds captive! A rich spread in a Middle Eastern ambience with a delightful belly dancing show at dinner on 15th & 22nd! All-time favourites include Moutabel, Shawarma, Shish Taouk, Samak Maqli... **WATERSIDE CAFÉ**

4th Apr - 27 May ▶ **IPL FEVER:** Loft your spirits & 'cheers' your team with 15% off on food & special deals on drinks during matches being screened! **WESTBURRY'S**

14th → ANNIV
 Join us for mocktails, finger foods, a live band, spot prizes, games & watch sizzling belly dancers perform!
Poolside, Friday 13th April, 5:00pm – 8:00pm

May Onwards ▶ **ALL NEW MENU!:** Get introduced to our fresh selection of Oriental wares in our new menu... **ORIENTAL WOK**

7th May onw. ▶ **MILKSHAKE MEDLEYS:** The best of both worlds (or more!). Enjoy a range of double flavoured shakes: Oreo Milo Brownie, Litchi Vanilla, Chocolate Peanut Butter, etc! **ALFRESCO**

7th May onw. ▶ **KULCHA PARATHA TOKRI:** Exciting sampler basket of hot hot breads served with your meal order! Amritsari Masala Kulcha, Mattar Kulcha, Paneer Kulcha... **WATERSIDE CAFÉ**

All Month! ▶ **MANGO MOODS:** Bring your taste buds to the king of tropical fruits' sweet avatars: Mango Malibu Pastry, Chocolate Mango Cheesecake, Mango Cupcake, Mango Rabdi, etc. **PATISSERIE**

Till 27th May ▶ **IPL FEVER:** Continue to enjoy a 15% off on food & special deals on drinks during IPL matches being screened! **WESTBURRY'S**

← for your tastebuds, in MAY



Foursight Communications

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CATCH THE BUZZ
 IN APRIL & MAY, 2012

CHILL WITH US AT THE CLUB THIS SUMMER.
 WE ARE ABUZZ WITH ACTIVITIES FOR ONE AND ALL...

s u m m e r s

FOR 5-8 YR OLDS summer camp

16th - 22nd April, 2012
at: Hideout, 11:00 a.m. – 1:00 p.m.



A summer Camp loaded with fun activities...

- » Lego blocks, team game
- » Making your own ceramic mug
- » Sand art in a bottle
- » Fun with papier mache
- » Making paper planes & wind vanes
- » Putting up a shadow puppet show
- » Costume design & ramp walk
- » Twister, Pictionary and more fun games too...

international film festival!

9th – 14th April, 2012,
6:30 p.m. onwards
for: 7 years and above



The best movies on a large screen!

- » 9th April: **Sound of Music**
- » 10th April: **Annie**
- » 11th April: **Matilda**
- » 12th April: **Chitty Chitty Bang Bang**
- » 14th April: **Born Free**

FOR CHILDREN reading circle activities

saturdays,
5:00 p.m. onwards



- 7th April** ▶ **STORY TIME:** Meaning of Easter & Good Friday
- 14th April** ▶ **STORY TIME:** Rosalie & The Little House
- 21st April** ▶ **STORY TIME:** Girl who climbed to the Sky
- 28th April** ▶ **STORY TIME:** How the Bear Lost his Tail!

- 5th May** ▶ **STORY TIME:** Double Vision
- 12th May** ▶ **MOVIE TIME:** 'Noddy'!
- 19th May** ▶ **MOVIE TIME:** 'Pinocchio'
- 26th May** ▶ **STORY TIME:** Prince & his Magical Possessions

c a n b e f u n !

FOR EVERYONE health zone activities



BASKETBALL FUN

9th April – 4th May. Mon, Wed, Fri
8.30 a.m. – 9.30 a.m.

1st May – 26th May. Tue, Thu, Sat
8.30 a.m. – 9.30 a.m.

SQUASH SUMMER FUN

9th April - 4th May
12:00 p.m. - 1:00 p.m., 1:00 p.m. - 2:00 p.m.
Mon, Wed, Fri

2nd May -28th May
12:00 p.m. - 1:00 p.m., 1:00 p.m. - 2:00 p.m.
Mon, Wed, Fri

15th April ▶ **Obstacle Course**, 7 years & above
3.00 p.m. onw.

The ultimate... includes Net Climbing, Tunnel Crawling, Ziz Zaz Bricks, The Wall, Ziz Zaz Tyres, Trazan Swing, Balancing Beam, Tyre Pass!



21st April ▶ **Water Polo Match**, 9 years & above
5.00 p.m. – 7:00 p.m.



MBTA TENNIS CAMP

1st April – 22nd May, 2012
8:30 a.m. to 11:00 a.m., 6 days a week
For intermediate & advanced players.
choose from 2/ 3/ 4 week programme



SWIMMING CAMP

9th April - 4th May, Mon, Wed, Fri
5:30 p.m. - 6:15 p.m. (Beginners)
6:15 p.m. - 7:00 p.m. (Advanced)

7th May - 1st June
5:30 p.m. - 6:15 p.m. (Beginners)
6:15 p.m. - 7:00 p.m. (Advanced)
Mon, Wed, Fri

9th April onw ▶ **AQUA AEROBICS**, 12 yrs & above
Tue & Thu, 8.30 a.m. – 9.30 a.m.

9th Apr onw ▶ **ZUMBA**, Adults only
Tue, Thu, Sat
Fun Brazilian Dance Form is back!

Ongoing ▶ **SALSA EXTREME**, Adults only
Mon, Tue, Fri – 6.00 p.m. – 7.00 p.m.

MORE FUN FOR KIDS...

7th April ▼

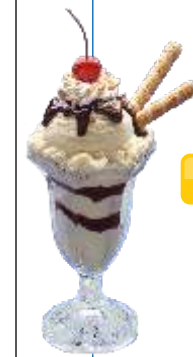
CREATIVE EASTER EGG DECORATION
Poolside, 4.30 – 5.00 pm, 5 – 10 yrs
Bring your creative juices and decoration material and you could win prizes too!

12th May ▼

BEST OUT OF WASTE COMPETITION
4.00pm, at Hideout, 5 yrs – 12 yrs
Reuse, recycle leftovers & make colourful coasters, pen stands, wall hangings, photo frames...

26th May ▼

ICE CREAM SUNDAE COMPETITION
Poolside, 4.30 pm – 5.00 pm, 5yrs to 12 yrs
Get 2 scoops of ice-cream from us make your own sundae with your own unique ingredients, tasting it along the way!



during
Sunday Brunch
WATERSIDE CAFÉ,
1:00 - 3:00 p.m.

KIDS CORNER ACTIVITIES

1st April ▶ **April Fool's Lollipops!**

8th April ▶ **Make an Easter Bunny**

15th April ▶ **Make a Sun Catcher**

22nd April ▶ **Flower Pot Mosaic**

29th April ▶ **New Zealand Art: Poi**

Musical Tambola for the Family!

6th May ▶ **Magic Wands with 3D Stars**

13th May ▶ **Wind Chime For Mom**

20th May ▶ **Making a Bean Bag Ball**

27th May ▶ **Make your Angry Birds**

